

New York Doctor's Visit:

From October 11, 1999 to October 21, 1999, Tricia and I took Nathan to New York to see a doctor who specializes in alternative approaches in medicine (Alexandria Institute of Natural and Integrative Medicine). The doctor's main approach is to try to help Nathan's body function better at the cell level to correct itself. Nathan had various different therapies including: nuero-biofeedback, lymphatic drainage, craniosacral, and bioacoustics. The doctor's hope is with these therapies and a *drastic* change in Nathan's diet, that the body will begin to heal itself or begin to work to make up for what ever enzymes Nathan is lacking in his system. Currently there has been no measurable changes in Nathan, but hopefully over time we will start to see some signs of improvement.

As of 12/1/99 we stopped the strict diet. We noticed low energy and a slight loss of weight. He is eating "normally" again. With an emphasis on a healthier diet.